

Safe Space, Safe Place



Having a hard time trusting the adults around you, but still want to find someone you can trust?

Problem

Most teens are unable to talk to someone in person about their personal problems or whatever they want to talk about. Some teens have a hard time trusting the adults in their life. With **our app teens can talk** about their personal problems or whatever they want to talk about with someone in person that will keep everything confidential and not judge you. Our goal is to create a safe space for teens. With our services, you will get the support, help and advice you need. 34% of teens suffer from stress on very serious conditions, therefore they need a **safe place** where they can release that stress and that's where we come in.

Expertise

I personally need a safe space to talk about my **problems**. I have adults around me, but I have a hard time trusting them because of past experiences. When I keep my problems to myself, I realize that my **stress** levels get high. To get rid of that stress talking to someone that I know I can trust and will just listen to me and keep everything between us will bring that stress level down.



